

# 2025 ANNUAL REPORT WEBINAR

## Updates on Annual Mental Health Trends and a Special Investigation on Students Experiencing Financial Insecurity

Brett E. Scofield, PhD – CCMH Executive Director

### WEBINAR DESCRIPTION

The 2025 Annual Report webinar will share new findings and trends related to the national state of college student mental health during the 2024-2025 academic year. Additionally, we will discuss the prevalence rates of various types of financial insecurity among students in care at college counseling center services, followed by an investigation of how students with one or more financial insecurities, compared to those without, differed by employment, engagement in extracurricular activities, and psychological distress. Implications of the findings will be reviewed.

### ABOUT CCMH

CCMH gathers and analyzes de-identified data as part of the routine practice of seeking mental health treatment from colleges and universities in the U.S. and internationally. The CCMH 2025 Annual Report describes 162,187 unique college students, nationally and internationally, seeking mental health treatment; 4,694 clinicians; and more than 1.2 million appointments from the 2024-2025 academic year. This is the 17th year the report has been produced. The full report will be available online on January 26, 2026.

### DATE

Tuesday, February 3, 2026

### TIME

12:00-1:00 pm EST (Webinar)  
1:00-1:30 pm EST (Q&A)

### REGISTER

[Register Online](#)

*Registration is required.  
The webinar will be recorded.*

### QUESTIONS?

Alaina Cummins  
Project Manager  
[ccmh@psu.edu](mailto:ccmh@psu.edu)

