

Academic year

	Freshman/First-year	Sophomore	Junior	Senior	Graduate/Professional degree student	Overall
N	(21%)	(20%)	(24%)	(21%)	(14%)	74100
Anxiety	64%	64%	63%	61%	60%	63%
Depression	51%	51%	51%	48%	42%	50%
Generalized anxiety	43%	44%	45%	44%	43%	44%
Stress	38%	42%	43%	45%	52%	44%
Family	30%	30%	31%	31%	29%	30%
Academic performance	21%	25%	25%	22%	25%	24%
Relationship problem (specific)	17%	21%	24%	27%	28%	23%
Interpersonal functioning	21%	22%	22%	21%	19%	21%
Self-esteem/confidence	19%	20%	20%	19%	19%	20%
Social anxiety	23%	21%	19%	17%	15%	20%
Trauma	16%	15%	17%	16%	16%	16%
Sleep	15%	15%	15%	14%	15%	15%
Eating/body image	16%	15%	15%	13%	13%	15%
Adjustment to new environment	31%	9%	9%	4%	19%	14%
Social isolation	14%	13%	12%	10%	12%	13%
Panic attack(s)	12%	11%	11%	10%	8%	11%
Suicidality	12%	11%	10%	9%	6%	10%
Grief/loss	9%	10%	11%	11%	11%	10%
Attention/concentration difficulties	9%	10%	10%	9%	9%	10%
Sexual abuse/assault (victim)	10%	9%	10%	9%	9%	9%
Identity development	10%	10%	9%	8%	7%	9%
Emotion dysregulation	8%	9%	9%	9%	6%	9%
Career	4%	6%	7%	13%	14%	8%
Unspecified/other anxiety	7%	8%	8%	8%	8%	8%
Alcohol	5%	7%	8%	9%	6%	7%
Perfectionism	6%	7%	7%	7%	9%	7%
Harassment/emotional abuse (victim)	7%	7%	7%	7%	7%	7%
Self-injurious thoughts or behaviors	8%	7%	6%	5%	3%	6%
Drugs	5%	7%	7%	7%	3%	6%
Health/medical	5%	6%	6%	6%	7%	6%
Anger management	4%	5%	5%	5%	4%	5%
Financial	3%	4%	5%	5%	5%	5%
Physical abuse/assault (victim)	4%	3%	4%	4%	4%	4%
Mood instability (bi-polar symptoms)	3%	4%	4%	3%	3%	3%
Obsessions or compulsions	4%	3%	4%	3%	4%	3%
Other	3%	3%	3%	3%	3%	3%
Racial, ethnic or cultural concerns	2%	2%	3%	2%	5%	3%
Sexual orientation	3%	3%	3%	3%	3%	3%
Test taking anxiety	2%	2%	2%	1%	2%	2%
Sexual concern	1%	2%	2%	2%	2%	2%
Religion/spirituality	1%	1%	1%	1%	2%	1%
Legal/judicial/conduct	2%	2%	1%	1%	1%	1%
Gender identity	2%	1%	1%	1%	1%	1%
Dissociative experiences	1%	1%	1%	1%	1%	1%
Violent thoughts or behaviors towards others	1%	1%	1%	1%	1%	1%
Specific phobia	1%	1%	1%	1%	1%	1%
Autism spectrum	1%	1%	1%	1%	1%	1%
Learning disorder/disability	1%	1%	1%	0%	0%	1%
Discrimination	0%	0%	1%	1%	1%	1%
Psychotic thoughts or behaviors	1%	1%	1%	0%	0%	1%
Addiction (not drugs or alcohol)	0%	0%	0%	0%	1%	0%
None	0%	0%	0%	0%	0%	0%
Stalking (victim)	0%	0%	0%	0%	1%	0%
Pregnancy related	0%	0%	0%	0%	0%	0%

Source: The Center for Collegiate Mental Health

Ethnicity

	African American/Black	American Indian or Alaskan Native	Asian American/Asian	Hispanic/Latino/a	Native Hawaiian or Pacific Islander	Multi-racial	White	Self-identify	Overall
N	(10%)	(0%)	(8%)	(10%)	(0%)	(5%)	(65%)	(1%)	75479
Anxiety	53%	63%	58%	62%	57%	62%	65%	59%	63%
Depression	50%	54%	52%	52%	60%	52%	49%	49%	50%
Generalized anxiety	36%	47%	38%	44%	43%	45%	46%	43%	44%
Stress	46%	46%	46%	44%	47%	43%	43%	47%	44%
Family	36%	37%	34%	37%	36%	35%	28%	35%	30%
Academic performance	29%	29%	32%	28%	28%	26%	22%	31%	24%
Relationship problem (specific)	23%	23%	24%	26%	28%	23%	23%	22%	23%
Interpersonal functioning	24%	18%	23%	20%	17%	22%	20%	25%	21%
Self-esteem/confidence	20%	18%	22%	20%	18%	19%	19%	19%	20%
Social anxiety	16%	21%	19%	18%	18%	19%	20%	17%	20%
Trauma	19%	24%	15%	20%	19%	21%	15%	20%	16%
Sleep	16%	14%	17%	16%	16%	16%	15%	19%	15%
Eating/body image	13%	15%	15%	16%	10%	15%	14%	14%	15%
Adjustment to new environment	13%	13%	16%	14%	13%	13%	14%	21%	14%
Social isolation	16%	12%	15%	13%	11%	12%	12%	15%	13%
Panic attack(s)	8%	11%	7%	12%	10%	10%	12%	9%	11%
Suicidality	11%	12%	12%	10%	15%	12%	10%	11%	10%
Grief/loss	13%	12%	8%	11%	12%	11%	10%	10%	10%
Attention/concentration difficulties	8%	8%	10%	11%	9%	11%	9%	12%	10%
Sexual abuse/assault (victim)	11%	13%	7%	11%	10%	12%	9%	9%	9%
Identity development	10%	6%	10%	9%	14%	9%	9%	9%	9%
Emotion dysregulation	8%	12%	9%	9%	7%	10%	8%	10%	9%
Career	9%	7%	12%	8%	10%	8%	8%	11%	8%
Unspecified/other anxiety	7%	7%	8%	8%	5%	7%	8%	7%	8%
Alcohol	6%	9%	5%	7%	6%	7%	8%	7%	7%
Perfectionism	4%	3%	8%	5%	6%	6%	8%	6%	7%
Harassment/emotional abuse (victim)	7%	8%	7%	8%	11%	8%	7%	8%	7%
Self-injurious thoughts or behaviors	5%	9%	6%	6%	9%	8%	6%	7%	6%
Drugs	7%	7%	4%	6%	5%	7%	6%	6%	6%
Health/medical	5%	6%	4%	5%	8%	5%	6%	7%	6%
Anger management	8%	8%	5%	6%	4%	5%	4%	6%	5%
Financial	8%	5%	4%	7%	6%	6%	4%	5%	5%
Physical abuse/assault (victim)	6%	7%	4%	5%	6%	5%	3%	6%	4%
Mood instability (bi-polar symptoms)	3%	3%	2%	4%	4%	4%	4%	5%	3%
Obsessions or compulsions	1%	2%	3%	2%	2%	3%	4%	3%	3%
Other	3%	2%	3%	3%	4%	3%	3%	3%	3%
Racial, ethnic or cultural concerns	7%	4%	9%	5%	5%	5%	0%	12%	3%
Sexual orientation	3%	1%	3%	3%	5%	3%	2%	3%	3%
Test taking anxiety	2%	1%	3%	2%	1%	2%	2%	2%	2%
Sexual concern	2%	1%	1%	2%	3%	1%	2%	2%	2%
Religion/spirituality	2%	1%	1%	1%	2%	1%	1%	3%	1%
Legal/judicial/conduct	2%	1%	1%	1%	1%	1%	1%	2%	1%
Gender identity	1%	0%	1%	1%	1%	1%	1%	2%	1%
Dissociative experiences	1%	2%	1%	1%	1%	1%	1%	1%	1%
Violent thoughts or behaviors towards others	2%	1%	1%	1%	1%	1%	1%	1%	1%
Specific phobia	1%	1%	1%	1%	0%	1%	1%	1%	1%
Autism spectrum	0%	2%	0%	0%	0%	1%	1%	1%	1%
Learning disorder/disability	0%	1%	0%	1%	1%	1%	1%	1%	1%
Discrimination	2%	2%	1%	1%	1%	1%	0%	2%	1%
Psychotic thoughts or behaviors	1%	0%	0%	0%	1%	1%	0%	0%	1%
Addiction (not drugs or alcohol)	0%	0%	1%	0%	0%	0%	0%	1%	0%
None	0%	0%	0%	0%	0%	0%	0%	0%	0%
Stalking (victim)	0%	0%	0%	0%	1%	0%	0%	1%	0%
Pregnancy related	1%	0%	0%	0%	0%	0%	0%	0%	0%

Source: The Center for Collegiate Mental Health

Gender

CLICC Check All by Gender

	Woman (65%)	Man (33%)	Transgender (1%)	Self-identify (2%)	Overall 70220
N					
Anxiety	67%	57%	63%	73%	63%
Depression	49%	50%	59%	66%	50%
Generalized anxiety	49%	37%	44%	52%	44%
Stress	46%	40%	37%	40%	44%
Family	33%	25%	43%	37%	30%
Academic performance	22%	29%	20%	24%	24%
Relationship problem (specific)	23%	23%	11%	15%	23%
Interpersonal functioning	20%	22%	23%	23%	21%
Self-esteem/confidence	20%	20%	19%	20%	20%
Social anxiety	19%	21%	28%	26%	20%
Trauma	19%	11%	25%	26%	16%
Sleep	16%	15%	14%	15%	15%
Eating/body image	17%	9%	14%	17%	15%
Adjustment to new environment	15%	13%	13%	13%	14%
Social isolation	12%	15%	13%	12%	13%
Panic attack(s)	13%	8%	11%	14%	11%
Suicidality	10%	11%	22%	19%	10%
Grief/loss	11%	10%	5%	7%	10%
Attention/concentration difficulties	8%	13%	13%	13%	10%
Sexual abuse/assault (victim)	13%	3%	11%	14%	9%
Identity development	8%	10%	26%	18%	9%
Emotion dysregulation	9%	6%	11%	13%	9%
Career	7%	11%	5%	7%	8%
Unspecified/other anxiety	8%	8%	7%	7%	8%
Alcohol	6%	11%	6%	5%	7%
Perfectionism	7%	5%	2%	4%	7%
Harassment/emotional abuse (victim)	8%	5%	10%	13%	7%
Self-injurious thoughts or behaviors	7%	4%	15%	16%	6%
Drugs	4%	11%	6%	6%	6%
Health/medical	6%	5%	8%	6%	6%
Anger management	4%	7%	4%	4%	5%
Financial	5%	4%	5%	6%	5%
Physical abuse/assault (victim)	4%	3%	5%	7%	4%
Mood instability (bi-polar symptoms)	4%	3%	7%	8%	3%
Obsessions or compulsions	3%	3%	3%	4%	3%
Other	3%	4%	4%	3%	3%
Racial, ethnic or cultural concerns	2%	3%	2%	3%	3%
Sexual orientation	2%	3%	11%	10%	3%
Test taking anxiety	2%	2%	1%	1%	2%
Sexual concern	1%	2%	2%	2%	2%
Religion/spirituality	1%	1%	1%	1%	1%
Legal/judicial/conduct	1%	2%	0%	1%	1%
Gender identity	0%	0%	60%	25%	1%
Dissociative experiences	1%	1%	4%	5%	1%
Violent thoughts or behaviors towards others	1%	2%	1%	2%	1%
Specific phobia	1%	1%	1%	1%	1%
Autism spectrum	0%	2%	3%	2%	1%
Learning disorder/disability	1%	1%	1%	1%	1%
Discrimination	1%	1%	4%	2%	1%
Psychotic thoughts or behaviors	0%	1%	2%	2%	1%
Addiction (not drugs or alcohol)	0%	1%	0%	0%	0%
None	0%	0%	0%	0%	0%
Stalking (victim)	1%	0%	0%	0%	0%
Pregnancy related	0%	0%	0%	0%	0%

Source: The Center for Collegiate Mental Health

Sexual orientation

CLICC Check All by Sexual Orientation

	Bisexual	Gay	Heterosexual/Straight	Lesbian	Questioning	Self-identify	Overall
N	(12%)	(3%)	(76%)	(2%)	(3%)	(3%)	70378
Anxiety	68%	62%	62%	66%	66%	69%	63%
Depression	60%	54%	47%	55%	56%	60%	50%
Generalized anxiety	51%	43%	43%	48%	46%	51%	44%
Stress	42%	41%	44%	44%	41%	40%	44%
Family	35%	35%	29%	37%	33%	36%	30%
Academic performance	23%	23%	25%	21%	24%	24%	24%
Relationship problem (specific)	20%	23%	24%	24%	20%	18%	23%
Interpersonal functioning	22%	24%	20%	21%	25%	25%	21%
Self-esteem/confidence	21%	22%	20%	17%	23%	20%	20%
Social anxiety	22%	23%	19%	22%	26%	24%	20%
Trauma	23%	15%	14%	22%	18%	26%	16%
Sleep	17%	14%	15%	17%	15%	17%	15%
Eating/body image	18%	15%	14%	15%	18%	18%	15%
Adjustment to new environment	14%	14%	14%	15%	15%	14%	14%
Social isolation	13%	15%	13%	11%	16%	12%	13%
Panic attack(s)	13%	10%	11%	12%	10%	13%	11%
Suicidality	17%	12%	9%	15%	15%	17%	10%
Grief/loss	9%	7%	11%	9%	9%	8%	10%
Attention/concentration difficulties	10%	10%	9%	11%	10%	12%	10%
Sexual abuse/assault (victim)	16%	8%	8%	12%	10%	14%	9%
Identity development	10%	17%	8%	11%	17%	14%	9%
Emotion dysregulation	12%	8%	8%	12%	10%	13%	9%
Career	7%	9%	9%	6%	7%	7%	8%
Unspecified/other anxiety	7%	7%	8%	8%	7%	7%	8%
Alcohol	8%	8%	7%	7%	7%	6%	7%
Perfectionism	5%	5%	8%	5%	5%	5%	7%
Harassment/emotional abuse (victim)	10%	8%	6%	10%	8%	12%	7%
Self-injurious thoughts or behaviors	12%	7%	5%	13%	9%	13%	6%
Drugs	8%	8%	6%	6%	7%	6%	6%
Health/medical	6%	5%	6%	5%	5%	8%	6%
Anger management	5%	5%	5%	6%	4%	4%	5%
Financial	5%	6%	4%	6%	5%	6%	5%
Physical abuse/assault (victim)	5%	3%	3%	6%	4%	7%	4%
Mood instability (bi-polar symptoms)	6%	5%	3%	6%	5%	7%	3%
Obsessions or compulsions	3%	4%	3%	4%	3%	4%	3%
Other	3%	3%	3%	3%	2%	3%	3%
Racial, ethnic or cultural concerns	2%	4%	2%	2%	3%	3%	3%
Sexual orientation	7%	21%	0%	11%	18%	8%	3%
Test taking anxiety	1%	1%	2%	1%	1%	1%	2%
Sexual concern	2%	3%	2%	1%	2%	1%	2%
Religion/spirituality	1%	3%	1%	1%	3%	1%	1%
Legal/judicial/conduct	1%	1%	1%	1%	1%	1%	1%
Gender identity	3%	4%	0%	4%	4%	10%	1%
Dissociative experiences	2%	1%	1%	2%	2%	4%	1%
Violent thoughts or behaviors towards others	1%	1%	1%	1%	2%	2%	1%
Specific phobia	1%	0%	1%	1%	1%	1%	1%
Autism spectrum	1%	1%	1%	1%	1%	2%	1%
Learning disorder/disability	1%	1%	1%	1%	1%	0%	1%
Discrimination	1%	3%	0%	2%	1%	2%	1%
Psychotic thoughts or behaviors	1%	1%	0%	1%	1%	1%	1%
Addiction (not drugs or alcohol)	0%	0%	0%	0%	0%	1%	0%
None	0%	0%	0%	0%	0%	0%	0%
Stalking (victim)	1%	0%	0%	0%	0%	0%	0%
Pregnancy related	0%	0%	0%	0%	0%	0%	0%

Source: The Center for Collegiate Mental Health

International students

CLICC Check All by International Student Status

	Domestic (95%)	International (5%)	Overall 74116
N			
Anxiety	63%	56%	63%
Depression	50%	48%	50%
Generalized anxiety	45%	36%	44%
Stress	43%	49%	44%
Family	30%	27%	30%
Academic performance	23%	32%	24%
Relationship problem (specific)	23%	26%	23%
Interpersonal functioning	21%	19%	21%
Self-esteem/confidence	20%	20%	20%
Social anxiety	20%	17%	20%
Trauma	16%	13%	16%
Sleep	15%	18%	15%
Eating/body image	14%	14%	15%
Adjustment to new environment	14%	22%	14%
Social isolation	12%	18%	13%
Panic attack(s)	11%	8%	11%
Suicidality	10%	10%	10%
Grief/loss	10%	9%	10%
Attention/concentration difficulties	10%	11%	10%
Sexual abuse/assault (victim)	10%	6%	9%
Identity development	9%	7%	9%
Emotion dysregulation	8%	7%	9%
Career	8%	12%	8%
Unspecified/other anxiety	8%	9%	8%
Alcohol	7%	6%	7%
Perfectionism	7%	9%	7%
Harassment/emotional abuse (victim)	7%	6%	7%
Self-injurious thoughts or behaviors	6%	5%	6%
Drugs	6%	3%	6%
Health/medical	6%	6%	6%
Anger management	5%	5%	5%
Financial	4%	5%	5%
Physical abuse/assault (victim)	4%	4%	4%
Mood instability (bi-polar symptoms)	4%	2%	3%
Obsessions or compulsions	3%	2%	3%
Other	3%	4%	3%
Racial, ethnic or cultural concerns	2%	12%	3%
Sexual orientation	3%	2%	3%
Test taking anxiety	2%	2%	2%
Sexual concern	2%	2%	2%
Religion/spirituality	1%	1%	1%
Legal/judicial/conduct	1%	1%	1%
Gender identity	1%	0%	1%
Dissociative experiences	1%	1%	1%
Violent thoughts or behaviors towards others	1%	1%	1%
Specific phobia	1%	1%	1%
Autism spectrum	1%	0%	1%
Learning disorder/disability	1%	0%	1%
Discrimination	1%	2%	1%
Psychotic thoughts or behaviors	1%	1%	1%
Addiction (not drugs or alcohol)	0%	1%	0%
None	0%	0%	0%
Stalking (victim)	0%	0%	0%
Pregnancy related	0%	0%	0%

Source: The Center for Collegiate Mental Health

First generation students

CLICC Check All by First Generation Student Status

	Non First Generation	First Generation	Overall
N	(77%)	(23%)	74495
Anxiety	63%	61%	63%
Depression	49%	52%	50%
Generalized anxiety	45%	43%	44%
Stress	43%	46%	44%
Family	28%	38%	30%
Academic performance	23%	27%	24%
Relationship problem (specific)	23%	24%	23%
Interpersonal functioning	21%	21%	21%
Self-esteem/confidence	20%	19%	20%
Social anxiety	20%	18%	20%
Trauma	15%	22%	16%
Sleep	15%	17%	15%
Eating/body image	15%	15%	15%
Adjustment to new environment	14%	14%	14%
Social isolation	13%	13%	13%
Panic attack(s)	11%	11%	11%
Suicidality	10%	11%	10%
Grief/loss	10%	12%	10%
Attention/concentration difficulties	10%	10%	10%
Sexual abuse/assault (victim)	9%	12%	9%
Identity development	9%	9%	9%
Emotion dysregulation	8%	9%	9%
Career	8%	9%	8%
Unspecified/other anxiety	8%	8%	8%
Alcohol	7%	7%	7%
Perfectionism	8%	5%	7%
Harassment/emotional abuse (victim)	7%	9%	7%
Self-injurious thoughts or behaviors	6%	6%	6%
Drugs	6%	6%	6%
Health/medical	6%	6%	6%
Anger management	5%	6%	5%
Financial	4%	8%	5%
Physical abuse/assault (victim)	3%	6%	4%
Mood instability (bi-polar symptoms)	3%	4%	3%
Obsessions or compulsions	4%	3%	3%
Other	3%	3%	3%
Racial, ethnic or cultural concerns	2%	5%	3%
Sexual orientation	3%	3%	3%
Test taking anxiety	2%	2%	2%
Sexual concern	2%	1%	2%
Religion/spirituality	1%	1%	1%
Legal/judicial/conduct	1%	1%	1%
Gender identity	1%	1%	1%
Dissociative experiences	1%	1%	1%
Violent thoughts or behaviors towards others	1%	1%	1%
Specific phobia	1%	1%	1%
Autism spectrum	1%	0%	1%
Learning disorder/disability	1%	1%	1%
Discrimination	1%	1%	1%
Psychotic thoughts or behaviors	1%	0%	1%
Addiction (not drugs or alcohol)	0%	0%	0%
None	0%	0%	0%
Stalking (victim)	0%	0%	0%
Pregnancy related	0%	0%	0%

Source: The Center for Collegiate Mental Health

Athlete

CLICC Check All by Athlete Status

	Non athlete (97%)	Athlete (3%)	Overall 64822
N			
Anxiety	64%	57%	63%
Depression	51%	41%	50%
Generalized anxiety	45%	38%	44%
Stress	44%	49%	44%
Family	31%	25%	30%
Academic performance	24%	18%	24%
Relationship problem (specific)	23%	21%	23%
Interpersonal functioning	21%	17%	21%
Self-esteem/confidence	20%	23%	20%
Social anxiety	20%	17%	20%
Trauma	16%	11%	16%
Sleep	16%	13%	15%
Eating/body image	15%	14%	15%
Adjustment to new environment	14%	17%	14%
Social isolation	13%	10%	13%
Panic attack(s)	11%	8%	11%
Suicidality	11%	6%	10%
Grief/loss	10%	11%	10%
Attention/concentration difficulties	10%	8%	10%
Sexual abuse/assault (victim)	10%	7%	9%
Identity development	9%	12%	9%
Emotion dysregulation	8%	8%	9%
Career	8%	6%	8%
Unspecified/other anxiety	8%	9%	8%
Alcohol	7%	8%	7%
Perfectionism	7%	11%	7%
Harassment/emotional abuse (victim)	7%	4%	7%
Self-injurious thoughts or behaviors	6%	5%	6%
Drugs	6%	5%	6%
Health/medical	6%	10%	6%
Anger management	5%	6%	5%
Financial	5%	3%	5%
Physical abuse/assault (victim)	4%	2%	4%
Mood instability (bi-polar symptoms)	4%	2%	3%
Obsessions or compulsions	3%	2%	3%
Other	3%	11%	3%
Racial, ethnic or cultural concerns	3%	1%	3%
Sexual orientation	3%	2%	3%
Test taking anxiety	2%	2%	2%
Sexual concern	2%	1%	2%
Religion/spirituality	1%	1%	1%
Legal/judicial/conduct	1%	2%	1%
Gender identity	1%	0%	1%
Dissociative experiences	1%	1%	1%
Violent thoughts or behaviors towards others	1%	1%	1%
Specific phobia	1%	1%	1%
Autism spectrum	1%	0%	1%
Learning disorder/disability	1%	1%	1%
Discrimination	1%	0%	1%
Psychotic thoughts or behaviors	1%	0%	1%
Addiction (not drugs or alcohol)	0%	0%	0%
None	0%	2%	0%
Stalking (victim)	0%	0%	0%
Pregnancy related	0%	0%	0%

Source: The Center for Collegiate Mental Health

Disability

CLICC Check All by Disability Status

	No registered disability	Registered disability	Overall
N	(91%)	(9%)	75165
Anxiety	62%	66%	63%
Depression	49%	50%	50%
Generalized anxiety	44%	49%	44%
Stress	43%	44%	44%
Family	31%	28%	30%
Academic performance	23%	29%	24%
Relationship problem (specific)	23%	19%	23%
Interpersonal functioning	21%	23%	21%
Self-esteem/confidence	20%	18%	20%
Social anxiety	19%	20%	20%
Trauma	16%	20%	16%
Sleep	15%	16%	15%
Eating/body image	15%	14%	15%
Adjustment to new environment	14%	14%	14%
Social isolation	13%	13%	13%
Panic attack(s)	11%	12%	11%
Suicidality	10%	12%	10%
Grief/loss	10%	9%	10%
Attention/concentration difficulties	9%	21%	10%
Sexual abuse/assault (victim)	9%	11%	9%
Identity development	9%	9%	9%
Emotion dysregulation	8%	10%	9%
Career	8%	8%	8%
Unspecified/other anxiety	8%	7%	8%
Alcohol	7%	7%	7%
Perfectionism	7%	6%	7%
Harassment/emotional abuse (victim)	7%	8%	7%
Self-injurious thoughts or behaviors	6%	8%	6%
Drugs	6%	7%	6%
Health/medical	5%	13%	6%
Anger management	5%	5%	5%
Financial	5%	5%	5%
Physical abuse/assault (victim)	4%	5%	4%
Mood instability (bi-polar symptoms)	3%	6%	3%
Obsessions or compulsions	3%	5%	3%
Other	3%	4%	3%
Racial, ethnic or cultural concerns	3%	2%	3%
Sexual orientation	3%	3%	3%
Test taking anxiety	2%	3%	2%
Sexual concern	2%	2%	2%
Religion/spirituality	1%	1%	1%
Legal/judicial/conduct	1%	2%	1%
Gender identity	1%	2%	1%
Dissociative experiences	1%	2%	1%
Violent thoughts or behaviors towards others	1%	1%	1%
Specific phobia	1%	1%	1%
Autism spectrum	0%	4%	1%
Learning disorder/disability	0%	5%	1%
Discrimination	1%	1%	1%
Psychotic thoughts or behaviors	0%	1%	1%
Addiction (not drugs or alcohol)	0%	0%	0%
None	0%	1%	0%
Stalking (victim)	0%	1%	0%
Pregnancy related	0%	0%	0%

Source: The Center for Collegiate Mental Health

Military

CLICC Check All by Military Veteran Status

	No military service (99%)	Military service (1%)	Overall
N			75331
Anxiety	63%	53%	63%
Depression	50%	49%	50%
Generalized anxiety	44%	36%	44%
Stress	44%	46%	44%
Family	31%	31%	30%
Academic performance	24%	26%	24%
Relationship problem (specific)	23%	30%	23%
Interpersonal functioning	21%	21%	21%
Self-esteem/confidence	20%	14%	20%
Social anxiety	20%	15%	20%
Trauma	16%	28%	16%
Sleep	15%	16%	15%
Eating/body image	15%	11%	15%
Adjustment to new environment	14%	12%	14%
Social isolation	13%	13%	13%
Panic attack(s)	11%	7%	11%
Suicidality	10%	11%	10%
Grief/loss	10%	13%	10%
Attention/concentration difficulties	10%	12%	10%
Sexual abuse/assault (victim)	9%	11%	9%
Identity development	9%	9%	9%
Emotion dysregulation	9%	10%	9%
Career	8%	11%	8%
Unspecified/other anxiety	8%	7%	8%
Alcohol	7%	12%	7%
Perfectionism	7%	3%	7%
Harassment/emotional abuse (victim)	7%	9%	7%
Self-injurious thoughts or behaviors	6%	4%	6%
Drugs	6%	6%	6%
Health/medical	6%	5%	6%
Anger management	5%	12%	5%
Financial	5%	6%	5%
Physical abuse/assault (victim)	4%	7%	4%
Mood instability (bi-polar symptoms)	3%	4%	3%
Obsessions or compulsions	3%	1%	3%
Other	3%	5%	3%
Racial, ethnic or cultural concerns	3%	3%	3%
Sexual orientation	3%	1%	3%
Test taking anxiety	2%	1%	2%
Sexual concern	2%	1%	2%
Religion/spirituality	1%	1%	1%
Legal/judicial/conduct	1%	2%	1%
Gender identity	1%	1%	1%
Dissociative experiences	1%	1%	1%
Violent thoughts or behaviors towards others	1%	2%	1%
Specific phobia	1%	0%	1%
Autism spectrum	1%	0%	1%
Learning disorder/disability	1%	1%	1%
Discrimination	1%	1%	1%
Psychotic thoughts or behaviors	1%	1%	1%
Addiction (not drugs or alcohol)	0%	1%	0%
None	0%	0%	0%
Stalking (victim)	0%	0%	0%
Pregnancy related	0%	0%	0%

Source: The Center for Collegiate Mental Health